

Team Warm Up Assignments

August 1-4, 2024

Thursday 3:30-3:50 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA

Thursday 3:50-4:10 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
EAST	WW	WW	ARCT	ARCT	CCSC	CCSC	CCSC	ABF	ABF	ABF	ABF	ABF
AA			SAC				BGSC	CRIM				

Thursday 4:10-4:30 PM, Meet Start – 4:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
KING	KING	KING	KING	SMC	GS	GS	SEALS	SEALS	UN	PHX	LRW	TCST
									SSC	SEAC		

Thursday 4:30-4:40 PM , Start 4:45 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
Lanes 1-3 – Pace			Lanes 4-7 - General				Lanes 8-10 - Sprint one way					

**Team Warm Up Assignments
August 1-4, 2024**

Friday Finals

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13												
<table style="margin-left: auto; margin-right: auto;"> <tr> <td style="padding-right: 20px;">4:45 – 5:05 PM</td> <td>Girls Only General (all lanes)</td> </tr> <tr> <td style="padding-right: 20px;">5:05 – 5:25 PM</td> <td>Boys Only General (all lanes)</td> </tr> <tr> <td style="padding-right: 20px;">5:25 – 5:40 PM</td> <td>Lanes 1-2 Pace</td> </tr> <tr> <td></td> <td>Lanes 3-6 General</td> </tr> <tr> <td></td> <td>Lanes 7-10 Sprint</td> </tr> <tr> <td style="padding-right: 20px;">5:45 PM</td> <td>Meet Start</td> </tr> </table>													4:45 – 5:05 PM	Girls Only General (all lanes)	5:05 – 5:25 PM	Boys Only General (all lanes)	5:25 – 5:40 PM	Lanes 1-2 Pace		Lanes 3-6 General		Lanes 7-10 Sprint	5:45 PM	Meet Start
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	Lanes 3-6 General																							
	Lanes 7-10 Sprint																							
5:45 PM	Meet Start																							

Team Warm Up Assignments
August 1-4, 2024
 (13 & Over Prelim)

Saturday 7:30-7:50 AM (13 & Over Session)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
SEAL	SEAL	CRIM	GS	GS	GS	ABF	ABF	ABF	SEAC	GFA	SSC	BGSC
		UN-TU										GLYB

Saturday 7:50-8:10 AM (13 & Over Session)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
CCSC	CCSC	CCSC	CCSC	CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA	CRA
UN				SAC								

Saturday 8:10-8:30 AM (13 & Over Session) Meet Start: 8:35 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
WW	WW	WW	KING	KING	KING	PHX	STRM	STRM	EAST	AA	TCST	ARCT
						CPAC						

**Team Warm Up Assignments
August 1-4, 2024**

Saturday Finals

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
<p>4:45 – 5:05 PM Boys Only General (all lanes) 5:05 – 5:25 PM Girls Only General (all lanes) 5:25 – 5:40 PM Lanes 1-2 Pace Lanes 3-6 General Lanes 7-10 Sprint</p> <p>5:45 PM Meet Start</p>												

**Team Warm Up Assignments
August 1-4, 2024**

Sunday Finals

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
<p>4:00 – 4:25 PM Girls Only General (all lanes) 4:25 – 4:50 PM Boys Only General (all lanes) 4:50 – 5:00 PM Lanes 1-2 Pace Lanes 3-6 General Lanes 7-10 Sprint</p> <p>5:05 PM Meet Start</p>												